

Participant Information Form



The research is being carried out by the following researchers:				
Role	Name	Organisation		
Chief Investigator	Sandra Kuntsche	Ctr Alcohol Policy		
		Research (CAPR)		
Associate Investigator	Emmanuel Kuntsche	Ctr Alcohol Policy		
		Research (CAPR)		
Associate Investigator	Cassandra Wright	Ctr Alcohol Policy		
		Research (CAPR)		
Research Assistance	Mia Miller	Ctr Alcohol Policy		
		Research (CAPR)		
Research funder	This research has been funded	This research has been funded by the Foundation of Alcohol Research (FARE).		

1. What is the study about?

You are invited to participate in a study looking into alcohol consumption amongst women aged 40-65. We will be asking you to complete a number of questions about your own alcohol consumption and reasons for drinking, as well as some general questions around health and wellbeing.

You have reached this page either because you saw an online advertisement about the study and clicked on a link to learn more about the project, or because you saw an advertisement in a local media outlet or in a GP clinic, gymnasium or public space such as a library, and followed the link to the study website.

2. Do I have to participate?

Being part of this study is voluntary. If you want to be part of the study, we ask that you read the information below carefully and ask us any questions.

You can read the information below and decide at the end if you do not want to participate. If you decide not to participate this won't affect your relationship with La Trobe University or any other listed organisation.

3. Who is being asked to participate?

You have been asked to participate because you:

- Identify as a woman
- Are aged between 40-65
- Are able to understand written English

4. What will I be asked to do?

You will be asked to complete a number of questions asking you about your alcohol consumption, reasons for consuming alcohol, and your general health and wellbeing. You will also be asked to fill in demographic information.

Based on your answers, you might be asked to complete some additional questionnaires or tasks. More information about this will be provided to you when you have finished the questionnaire.

5. What are the benefits?

Whilst there may be no direct benefits to you for completing these questions, there will be greater benefits to society as your responses will help us to better understand drinking behaviours amongst women of your age.

6. What are the risks?

With any study there are (1) risks we know about, (2) risks we don't know about and (3) risks we don't expect. If you experience something that you are not sure about, please contact us immediately so we can discuss the best way to manage your concerns.



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Name/Organisation	Position	Telephone	Email
Dr Sandra Kuntsche - CAPR	Chief Investigator	02.0470.0770	s.kuntsche@latrobe.edu.au
	S	03 9479 8770	

We have listed the risks we know about below. This will help you decide if you want to be part of the study.

• There is a chance that participating in this study could make you feel uncomfortable or distressed. If this is the case, please feel free to contact Beyond Blue via 1300 22 4636 or https://www.beyondblue.org.au/.

7. Will I be paid to be part of this study?

If you are asked to participate in the additional questionnaires and tasks, and you complete all of these, you will go in the draw to win one of 24 vouchers. These include 12 \$50 vouchers, 9 \$100 vouchers and 3 \$250 vouchers. The winners will be randomly drawn from the list of participants who completed the study. Any contact details collected for the prize draw will be stored separately to the research data in a password protected folder that only the research team will have access to.

8. What will happen to information about me?

We will collect information about you in ways that will not reveal who you are.

We will store information about you in ways that will not reveal who you are.

We will publish information about you in ways that will not be identified in any type of publication from this study.

We will **keep** your information for 7 years after the project is completed. After this time, we will destroy all of your data

The storage, transfer and destruction of your data will be undertaken in accordance with the <u>Research Data Management Policy https://policies.latrobe.edu.au/document/view.php?id=106/</u>.

The personal information you provide will be handled in accordance with applicable privacy laws, any health information collected will be handled in accordance with the Health Records Act 2001 (Vic). Subject to any exceptions in relevant laws, you have the right to access and correct your personal information by contacting the research team.

9. Will I hear about the results of the study?

If you would like to hear about the results of the study, we can send these to you via email or post. Please provide your details in the consent form below if you would like the results. Any personal information you provide will be kept in a password protected folder and deleted at the completion of the study.

10. What if I change my mind?

Until you enter your contact details, you can withdraw at any time by closing the browser. Once you have provided your contact details, you can still choose at any time to no longer be part of the study. You can let us know by:

- 1. Completing the 'Withdrawal of Consent Form' and sending this to us;
- 2. Calling us; or
- 3. Emailing us

Your decision to withdraw at any point will **not** affect your relationship with La Trobe University or any other organisation listed.



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When you withdraw we will stop asking you for further information. Any identifiable information, like your name or contact details, will be withdrawn from the research study. You can choose whether you like to withdraw the data we collected from you throughout your participation in the study. However, this can only be done as long as the data has not been analysed. Once we have analysed the data, we can only withdraw your personal details.

11. Who can I contact for questions or want more information?

If you would like to speak to us, please use the contact details below:

Name/Organisation	Position	Telephone	Email
Dr Sandra Kuntsche - CAPR	Chief Investigator	03 9479 8770	s.kuntsche@latrobe.edu.a

12. What if I have a complaint?

If you have a complaint about any part of this study, please contact:

Ethics Reference Number	Position	Telephone	Email
HEC19338	Senior Research Ethics Officer	+61 3 9479 1443	humanethics@latrobe.edu.au