# The Australian alcohol treatment outcome measure

## Researchers

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## Summary

The aim of this project was to develop and test a suitable standard tool 'the Australian Alcohol Treatment Outcome Measure' (AATOM) to measure the outcome of alcohol treatment to serve the needs of health professionals and their clients, policy makers, funding bodies, and the research community.

Designed for use by researchers and clinicians, AATOM allows meaningful treatment comparisons to be made and easier interpretation of results from diverse outcome studies, leading to improvements in the efficacy and cost-effectiveness of research.

The project developed and tested three draft AATOM instruments: AATOM-C, Australian Alcohol Treatment Outcome Measure for Clinicians; AATOM-R, Australian Alcohol Treatment Outcome Measure for Researchers, developed for use by the research community and is considerably more detailed than the AATOM-C; and E-AATOM, an electronic version of the Australian Alcohol Treatment Outcome Measure.

## Outcomes

The results of the study demonstrated that the AATOM-C is, overall, a valid and reliable instrument, taking an average of 11 minutes to administer. It has the potential to be a very useful clinical tool for those working within the alcohol treatment field. It can assist with treatment planning and tracking of client progress throughout the course of treatment and after treatment completion.

The AATOM instruments and book are published by, and available for purchase from NDARC.

## References

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