# Substance use and mental health problems in young Australians

## Researchers

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## Summary

In conjunction with the Centre for Adolescent Health, the National Drug Research Institute and the Social Development Research Group (Seattle, USA), the Murdoch Children's Research Institute undertook a critical analysis of four existing data sets focused on adolescent and young adult alcohol use and abuse: the Victorian Adolescent Health Cohort Study; the Gatehouse Project; the Victorian Adolescent Health and Well-being Survey; and the International Youth Development Study.

This research addresses key questions around the development of alcohol problems, their prevention, clinical practice and policy in relation to youth.

## Outcomes

The findings of this analysis advanced the understanding of collaborating partners in the following areas: the profile of drinking in young Australians; the factors that predispose young Australians to heavy drinking; and the consequences of heavy drinking in young adulthood.

[view the report](https://fare.org.au/wp-content/uploads/Final-Research-Report_UNSW_1323.pdf)