# Launching Voices of Change

Who doesn’t like an inspiring story?

Whether it’s a thought-provoking magazine article, a powerful TV documentary, or a heartfelt social media reel, stories have the power to move people and start honest conversations about the issues that our communities face.

At FARE, we know the importance of evidence-based research to guide our advocacy. But we also know that our advocacy can become more meaningful if we combine this approach with real stories from real people.

That’s why FARE has launched Voices of Change -- an online space for real-life experiences with alcohol, where people can share their stories, learn from others’ experiences, and find resources and support.

Over the next few months, we’ll be sharing stories of everyday Australians who opened their hearts and trusted us all with their stories – starting with Kathryn’s story.

[](/kathryns-story/)

[**Watch Kathryn’s powerful story**](http://fare.org.au/kathryns-story/) **on alcohol, breast cancer and binge drinking, as the first of many community stories.**

So, how can stories help to create an Australia free from alcohol harm?

Whether we’re concerned about ourselves, or someone who is going through a difficult time because of alcohol, stories can help us know we’re not alone. They have the power to inspire change and drive the courage to take action.

Sharing our stories is a powerful way to break down barriers and connect with each other.

Our aim with Voices of Change is to share community stories that channel hope, urgency and solidarity – to create an environment that encourages people to reach out for support and help create change in their community.

There are many ways you can support our work of sharing powerful stories that will inspire others:

* Do you have a story or experience to share? Head to our [Voices of Change](https://fare.org.au/voicesofchange/) page to learn how you can be part of this important project.
* Can you chip in so we can partner with skilled and trusted journalists and filmmakers to help us reach as many people as possible with your stories and experiences? Please [click here to donate](https://fare.org.au/donate/).
* Follow us on social media to stay up to date with the stories shared by everyday Australians.