# Karyn created a safe space for young people in her community. Here’s why

*This story was first published on Every Moment Matters – Community Stories. You can read it*[*he*](https://everymomentmatters.org.au/breannas-story/)[*re.*](https://everymomentmatters.org.au/karyns-story/)

***Content warning:*** *This video discusses alcohol use and other sensitive issues.*

Karyn wanted to support the young people in her community and provide mentoring to help them thrive.

This led to Aunty’s Place, a community-led project which provides a safe space for young people and facilitates culturally safe discussions about mental health and the impact of alcohol and other drugs.

Karyn shares why community-led projects like this are vital to support young people with disabilities such as Fetal Alcohol Spectrum Disorder (FASD).

https://youtu.be/ZLuzEc2vraU

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