# “When people say good things about me, like giving up drinking... I’m really proud of myself”

Joshua is a Warlpiri/Tiwi man from the Bagot community in Darwin, Northern Territory.

Alcohol caused a lot of problems in his life — trouble with the police, hospitalisations, and mental ill health. But today, after giving up drinking, he is proud to set a good example for his son and his community.

**Watch Joshua’s story on the changes he made for himself and for his family.**

https://youtu.be/gaa5EhrnVgg

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*If you have experiences to share that can help people know they’re not alone, please share your story through our* [*Voices of Change project.*](https://fare.org.au/voicesofchange/)