# HEALTH PROJECTS

[](https://fare.org.au/ripple/)

##### [Ripple](https://fare.org.au/ripple/)

Ripple is a project supporting women aged 40-65 in the ACT to reduce the amount of alcohol they drink.

[](https://www.pregnantpause.com.au/)

##### [Pregnant Pause](https://www.pregnantpause.com.au/)

Pregnant Pause is creating a community of support for mums-to-be to have alcohol-free pregnancies.

[](https://fare.org.au/FASD-program/)

##### [National FASD Program](https://fare.org.au/FASD-program/)

The ‘FASD – National awareness campaign for pregnancy and breastfeeding women’ will launch in 2021.