# Effectiveness of clinical supervision, provided by external clinical supervisors, of workers from a variety of practice backgrounds in AOD residential rehabilitation centres

## Researcher

Marcel A. Koper, School of Global Studies, Social Science and Planning, RMIT University, Master of Social Work Thesis

## Summary

There is an overall paucity of literature on the effectiveness of clinical supervision, provided by external clinical supervisors, of workers from a variety of practice backgrounds in the AOD context in Australia. This research makes a significant contribution by examining the factors unique to the AOD sector in Australia, as well as the factors that influence the effectiveness of supervision.

This study explores pertinent issues in clinical supervision that particular to an AOD context.

## Outcomes

Effective supervision in this setting reduced stress and, subsequently, helped people feel affirmed and encouraged, to the extent of being happy and motivated. There were also flow-on effects to increased worker retention, reduced absenteeism, and greater self-esteem in work roles. These effects are examined in detail in the thesis.

## Publications

Koper, MA 2009 Clinical supervision in the Alcohol and Other Drugs sector as conducted by external supervisors under a social work framework: Is it effective? Thesis (MSW). School of Global Studies, RMIT University.

[view the report](/wp-content/uploads/Effectiveness-of-Clinical-Supervision-in-AOD-Residential-Rehabilitation-Centres.pdf)